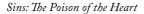
# SINS

# The Poison of the Heart

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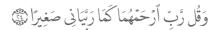




### **Dedication**

To the two gems who taught me everything. I am the result of their hard work and dedication.

My parents



Wa-qul Rabbi irhamhuma kama rabbayani saghira

And Say: "Lord, show mercy to them as they nurtured me when I was small." ( $\it{al-Isr\bar{a}}, 17:24$ )

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### **Preface**

In the name of Allah, the Most Merciful, the Most Compassionate.

All praise is for Allah . We praise Him , seek His Help, and ask His Forgiveness. We seek refuge in Him from the evil of our own souls and from the wickedness of our deeds. Whoever Allah guides, nothing can make him lost, and whoever He makes lost, nothing can guide him. I bear witness that no one has the right to be worshipped but Allah , Who has no partner, and I bear witness that Muhammad is His slave and His Messenger.

'An Anasin anna al-nabiyya, salla Allahu 'alayhi wa-sallam qala: "Kullu Bani Adama khatta'un wa-khayru al-khatta'in al-tawwahun."

It was narrated from Anas that the Messenger of Allah said: "Every son of Adam commits sin, and the best of those who commit sin are those who repent." (*Ibn Majah*, 4251)

We all sin (commit acts of disobedience to Allah ) on a daily basis. However, in many cases, we are unaware and neglectful of the sins we commit, and underestimate the consequences they have on us, our relationship with Allah , other people, and even the environment.

We are often torn between the comfort of ayat like: