

Preparing
for
LIFE

How to Help One's Children
Become Mature and
Responsible Adults

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Preparing for Life: How to help one's children to become mature and responsible adults

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Introduction

Modern life has brought with it many opportunities as well as several challenges. Complex social issues are continuously emerging in families and communities. While technological progress has made life much easier and the world is becoming ever smaller, people are also suffering from the onus of being too engrossed in electronic gadgets to the detriment of a normal life and direct human communication.

The mass introduction of smartphones and the spread of the internet are keeping people incredibly busy with social media. While technological devices have helped to enhance people's education and entertainment, they have also created an information overload and heightened a culture of individualism, self-indulgence and consumerism. Young children are often left alone, for various reasons, with smartphones or iPads becoming