

Haḍrat Mawlānā Shāh Hakīm Muḥammad Akhtar Saḥib Translated by Mawlānā Tameem Ahmadi

Nur Publications 2019

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ISBN: 978-0-9914823-0-6 (paper)

Published by:
ilmStore.in
7-2-167, Itwara Bazar, Nanded
Maharashtra, India – 431604
www.ilmStore.in | info@ilmStore.in | Tel: +91 9422009767

in arrangement with:
Nur Publications
P.O. Box 97
Union City, CA
United States of America
www.nurpublications.org

Library of Congress Control Number 2014942475

First edition: September 2010 Second edition: June 2012 Third edition: June 2017

Third edition revised: September 2019 First Indian Edition: October 2022

Design, Editing & Cover by: Nur Publications

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Dedication

All of my writings and compilations are collections of the benefits and blessings from the companionship of our spiritual mentors:

Muḥyī al-Sunnah Ḥaḍrat Aqdas Mawlānā Shāh Abrār al-Ḥaqq Ṣāḥib ఉ

> Ḥaḍrat Aqdas Mawlānā Shāh ʿAbd al-Ghanī Ṣāḥib Phūlpūrī ఉ

Ḥaḍrat Aqdas Mawlānā Shāh Muḥammad Aḥmad Ṣāḥib 🙈

> -Muḥammad Akhtar (May Allah pardon him)

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Foreword

BY MUFTI ZUBAIR BAYAT

RECTOR OF DARUL IHSAN ISLAMIC SERVICES CENTER & SPIRITUAL DEPUTY OF THE AUTHOR

UR HONOURABLE SPIRITUAL MENTOR, 'Ārifbillah Mawlānā Shāykh Ḥakīm Muḥammad Akhtar of Karachi was not only a ḥakīm (herbal doctor) of physical illnesses, but he was in fact a 'super specialist' of diagnosing and treating spiritual illnesses. Thousands acquired cure through his expert treatment and not only were they cured, but some even qualified under his mentorship to become spiritual 'doctors', who are now dispensing the remedies and prescriptions acquired from their Shaykh and mentor. The spiritual 'illnesses' and maladies that these spiritual 'doctors' treat are relating to the soul and heart of man, and are manifested in the character and conduct of people. If a person is spiritually 'sick', then sickening conduct and behavior is displayed by such a per-

son. If on the other hand, a person is spiritually 'well' and 'healthy', excellent and exemplary conduct is displayed. So a spiritual 'doctor' is concerned about the removal of spiritual illnesses, that must be replaced by spiritual wellbeing. This wonderful book, titled Reformation of Character, written by our Shaykh, is in fact a concise manual dealing with this very subject matter. Due to its brevity it makes for easy reading and reference, and serves as an excellent primer and introduction to this much neglected facet of every Muslim's life. Such is the state of ignorance and indifference about spiritual 'health' that the vast majority of Muslims do not even realise the state of the spiritual 'ill health', which is not only disastrous in the life of this world, but even more calamitous in the next life. Allah save us all. May Allah reward our brother, a dynamic young scholar, Mawlānā Shaykh Tameem [Ahmadi] for rendering this most useful and vital book from its original Urdu, into lucid and flowing English, so that a countless number of English speaking people from all the world can derive benefit from it. May Allah accept the noble efforts of the illustrious author, as well as the translator and reward them abundantly in both worlds.

> (Mufti) Zubair Bayat Durban, South Africa